

Topic	Pregnancy & Birth (2 nd Edition)	The Early Years (2 nd Edition)
Feeding Cues	281	150
How to Breastfeed- Positioning	282-284	157-159
Latching	285	160
Burping Baby	291	204
How to tell if baby is getting enough	289-290	164-165
The First Week	286-287	161-163
Tips to Increase Milk Supply		182-183
Engorged Breasts	309-310	178-179
Blocked Ducts & Mastitis	311-312	180-181
Manual Expression	295	166-168
Pumping	296	169
Sterilization Technique	300-302	191-193
Breast Milk Storage	297-298	170-171
Thawing and Warming Breast Milk	298-299	171-172
Breastfeeding Challenges	307-317	176
Formula Feeding		193-203